

Foods High in Potassium

- Apples
- Apricots
- Artichokes
- Bananas
- Beets
- Blackstrap Molasses
- Broccoli
- Brussel Sprouts
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Celery
- Dates
- Figs
- Green Beans
- Honeydew Melon
- Lima Beans
- Low Sodium Salt substitute
- Oranges
- Orange Juice
- Pinto Beans
- Prune Juice
- Prunes